

# David Cook's 8 Rules for Life

Have a Positive Attitude

Physical Training and Live Healthy

Motivate Yourself and Others

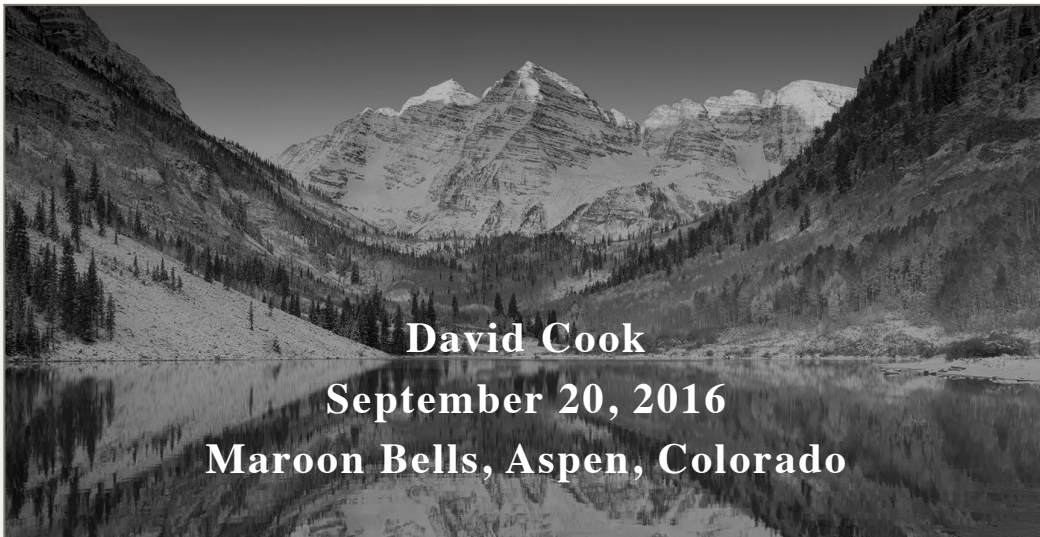
Earn Respect

Set Goals

Live with Integrity

Mentoring

Have Fun



**“Success Comes in Cans, Not CannoTs.”**